

## Community Multi-Sports Programme

### All Venues

10a.m to 3 p.m each day

#### All Participants Must Bring

- A Waterproof Coat
- Appropriate Sport Clothing
- Trainers and/or Football Boots
- Shin Pads,
- A Towel
- A Packed Lunch with healthy snacks and plenty of water-based drinks

#### We do not allow

- Sweets or fizzy drinks
- Jewellery, or
- Electronic items

#### All Children Must be Collected by 3 p.m each day

**Active Regen must be informed if anyone other than a parent or named guardian is collecting a child/children**

